

Do not pick plants! • Please stay on the trail

Bog challenge !

How many plant species can **YOU** count as you walk this trail?



Twinflower (*Linnaea borealis*)

Watch for this evergreen plant often seen trailing along the dry edges of trails.



Slough sedge (*Carex obnupta*) č'itapt

A popular indigenous weaving material. Skilled weavers can make baskets so tight that they can hold water!



Red huckleberry (*Vaccinium parvifolium*) his'inwa

A tart spring berry bush (growing on the top of this stump).

Mosses (species too numerous to list)

- Oregon beaked moss (*Kindbergia oregana*)
- Lanky moss (*Rhytidiadelphus loreus*)
- Small red peat moss (*Sphagnum spp.*)
- Common green sphagnum (*Sphagnum spp.*)

pu'up: See next sign to learn about indigenous use.

Bunch berry

or Dwarf Dogwood (*Cornus canadensis*)

Can grow up tree trunks. White flowers and red berries.

ciłkuwas (bog)

Yuułu?ił?ath meaning "soft wet ground"

Important place for useful mosses, indigenous medicines and foods like bog cranberries.

Salal (*Gaultheria shallon*)

y'am'a (Yuułu?ił?ath First Nation word)

An important food, berries were dried for winter use in the past. Also a favourite food for bears, turning their dung purple!



Deer fern (*Blechnum spicant*) kaackuuxsmapt

Yuułu?ił?ath meaning: "standing up plant"

Chewed as a breath sweetener. Also used as a medicine for skin sores. Deer rub their shedding antlers on this fern for healing.



False lily of the valley (*Maianthemum dilatatum*)

Patches of this plant in a nitrogen-poor bog indicates a nitrogen 'hotspot'.

Running clubmoss

(*Lycopodium clavatum*)

Fun fact: clubmoss spores burn explosively, so they were used for the 'flash' in early photography.

False azalea

(*Menziesia ferruginea*)

Straggly shrub growing on the top of this stump. Flowers look like huckleberry but the fruit is inedible.



19+ species grow on this stump!

University of Victoria students counted 19 plant species on this stump. Other students will be monitoring this site for climate and human impacts. Please stay on the trail to keep this area healthy.

